**Insight of Action: the case of Deborah**

Judges 4:4-9a

Deborah, a woman and prophet, wife of Lappidoth, judged Israel in that time. She sat under Deborah’s palm between Ramah and Bethel on the mount of Ephraim; there Israelites came up for judgment. She sent and called Barak son of Abinoam from Kedesh of Naphtali and said to him, “Hasn’t Yahweh, God of Israel, commanded you? Go, draw out to mount Tabor ten thousand men, taking from Naphthali and from Zebulun. I will draw out to you Sisera, prince of Jabin’s army with his chariots and troops and I will give him into your hand.” Barak said to her, “If you go with me, I will go, but if you do not go with me, I will not go.” She said: “Go ahead, I will go: but this way that you have taken will not be your crown, because by the hand of a woman God will sell Sisera.”

Judges 5:7

Peasants ceased in Israel, ceased until Deborah arose,

 Arose a mother in Israel.

They chose new gods, then war was at the gates,

 Was shield or spear seen among forty thousand in Israel?

Judges 5:20-21

From heaven the stars fought,

 From their circuits they fought with Sisera.

The Wadi Kishon shoved them away, ancient wadi,

 Wadi Kishon: lead on, my soul, in strength!

Judges 5:24-27

Favored among women shall be Jael, wife of Heber the Kenite,

 Favored among women in tents.

Water, he asked: milk she gave —

 In an elegant bowl she brought prepared milk.

She put her hand to the tent peg and her right hand to a workers’ mallet;

 She hammered Sisera, crushed his head, broke and pierced his temple.

Between her feet he sank, fell prone between her feet,

 Sank, fell; where he sank, there he fell — destroyed.